



Welcome to Water-Oak Pop Warner Football! We seek to provide a fun, athletic, learning opportunity for children while emphasizing the importance of academic success.

Water Oak Pop Warner Football enables youth to:

- ✓ Promote the values of Teamwork, Friendship, and Academics.
- ✓ Practice the ideals of good Sportsmanship, Physical Fitness, Self-Confidence, and Scholarship.
- ✓ Promote Respect and Civic Pride

You may also access information on our Facebook page:  
Water-Oak Pop Warner Football and Cheer  
or on our website:  
[www.wateroakpopwarner.org](http://www.wateroakpopwarner.org)



## ***Football Code of Conduct***

***All parents/guardians and athletes are required to read through this Code of Conduct in its entirety. One form needs to be turned in for each athlete and needs both a parent/guardian and athlete signature on all sections. The expectations and rules are required of our athletes and families and are in place to ensure that we have a safe and successful season.***

### **ATTENDANCE POLICY**

Water-Oak Pop Warner Football is a large time commitment from August 1<sup>st</sup> until December. We expect players to attend and be on time to practices, games and required functions.

1. Texts or communication right before practice/game/required function that a child will be late or not attending is unacceptable and will not be excused. Excused absences include contagious illness (including COVID-19 protocol) and deaths in the family. All absences should be communicated to your Head Coach as soon as possible to allow for proper planning of practice/game situations.
2. For safety reasons, notification is required prior to practice/games/required functions if your child will be picked up by anyone other than a parent/guardian. You must come see a Coach in order to pick up or drop off your child.
3. No call/no shows and unexcused absences to practice/games will not be tolerated. All children are required to participate in all practices and games for the entirety of the season.
4. After one (1) no call/no show or unexcused absence, your child's spot in the next game may be altered due to safety reasons. After three (3) no call/no show or unexcused absence, the child will be removed completely from the game.
5. Three (3) tardy arrivals of 15 minutes or more to practice will equal one (1) unexcused absence. Please utilize carpools to practice if you have trouble getting your child to practice on time.

6. If a child misses an entire week of practice (3 practices), the child will be ineligible to participate in the game that specific week due to health and safety reasons. However, the child will still be required to participate with their team on the sidelines but shall be required to be in regular clothes with their jersey on (the child will be prohibited from wearing any football related pads during that specific game). Once the child has returned to practice, they will regain game eligibility.
7. Leaving a practice/game or arriving late to practice/game due to another sport/activity is unexcused. Water-Oak Pop Warner Football must take priority over other sports and activities.
8. Absences/tardies due to religious observance or education are excused.

**I have read, understood, and agree to the Attendance Policy:**

**Parent/Guardian Name (Print):**

**Date:**

**Parent/Guardian Name (Signature):**

**Date:**

**Athlete Name (Print):**

**Date:**

**Athlete Name (Signature):**

**Date:**

## **BEHAVIOR POLICY**

1. Athletes and parents/guardians will refrain from speaking negatively about coaches, other teammates, other teams, other coaches, referees, or the Water-Oak Pop Warner program itself. This includes conversations about things both inside and outside of football.
2. Athletes will maintain a positive attitude throughout all team activities.
3. No foul language will be permitted from athletes or parents while team activities occur.
4. Absolutely no physical violence will be tolerated in any capacity, whether at a function of Water-Oak Pop Warner or in any school setting, as Water-Oak Pop Warner is a scholastic program.
5. Parents are to remain substance-free while in the presence of other children at team-sanctioned events (practices, games, required functions).
6. All questions and communication will occur directly between parent/guardian and coach, following the chain of command below:
  - a. Head Coach
  - b. Football Commissioner
  - c. OWYAA President
7. No team or parent groups are permitted without coaching staff included.
8. Behavioral concerns will have one verbal warning that, with our Executive Board's knowledge and approval, will result in a formal conversation between the Football Coordinator, Head Coach, parent/guardian, and the athlete. After the first verbal warning, if a second offense occurs, the athlete or parent/guardian in question will be removed from the program immediately and will be banned for one full season. After one-year probation, if the athlete or parent decides to return, after one additional offense, they will be banned indefinitely from the Water-Oak Pop Warner program.

**I have read, understood, and agree to the Behavior Policy:**

**Parent/Guardian Name (Print):**

**Date:**

**Parent/Guardian Name (Signature):**

**Date:**

**Athlete Name (Print):**

**Date:**

**Athlete Name (Signature):**

**Date:**

## **SOCIAL MEDIA POLICY**

Social Media, such as Facebook, Snap Chat, Instagram, Twitter, YouTube, TikTok, and others are powerful tools of communication that can have a significant impact in personal reputation, as well as Water-Oak Pop Warner. If utilizing social media for purposes of communicating about Water-Oak Pop Warner, please adhere to the following guidelines:

1. Be respectful and thoughtful.
2. Refrain from speaking negatively about coaches, other teammates, other teams, other coaches, referees, or the Water-Oak Pop Warner program itself. This includes conversations about things both inside and outside of football.
3. Cyber bullying will not be tolerated under any circumstances.
4. There will be no posts about our plays for any upcoming games.
5. Think twice before posting! Privacy does not exist in the world of social media. Consider what would happen if the post became widely known, and the consequences that can arise.

Social media concerns will have one verbal warning that, with our Executive Board's knowledge and approval, will result in formal conversation between the Football Coordinator, Head Coach, a parent/guardian, and the athlete. After the first verbal warning, if a second offense occurs, the athlete or parent/guardian in question will be removed from the program immediately and then will be banned for one full season. After one-year probation, if the athlete or parent decides to return, after one offense they will be banned indefinitely from the Water-Oak Pop Warner program.

**I have read, understood, and agree to the Social Media Policy:**

**Parent/Guardian Name (Print):**

**Date:**

**Parent/Guardian Name (Signature):**

**Date:**

**Athlete Name (Print):**

**Date:**

**Athlete Name (Signature):**

**Date:**

## **FUNDRAISING POLICY**

Water-Oak Pop Warner is a non-profit organization and runs off fundraisers and support from our community. The program recognizes the cost of being an athlete and understands the importance of raising funds for football.

1. All fundraising for Water-Oak Pop Warner will be done through the Fundraising Committee.
2. All Fundraisers will be submitted to Water-Oak Pop Warner for payout to the athlete.
3. There will be no personal fundraisers through GoFundMe, or those of the like, without approval via the Fundraising Committee and the Water-Oak Executive Board.
4. Fundraisers are made up of three (3) types, which be disclosed prior to running the fundraiser:
  - a. Program Funding – goes to overall costs such as program fees, bills, supplies, etc.
  - b. Program Wide – all funds raised are put together and distributed equally amongst each athlete.
  - c. Personal – any funds raised by an athlete, go directly back to that athlete.

The beginning of the year season raffle fundraiser is mandatory for all athletes.

**I have read, understood, and agree to the Fundraising Policy:**

**Parent/Guardian Name (Print):**

**Date:**

**Parent/Guardian Name (Signature):**

**Date:**

**Athlete Name (Print):**

**Date:**

**Athlete Name (Signature):**

**Date:**

## EQUIPMENT POLICY

Water-Oak Pop Warner provides each of our football athletes with the following equipment each season at a scheduled Equipment Hand-Out event and none of these items are to be altered in any way (i.e. cutting jersey, additional stickers/decals on helmet, etc.):

- Helmet
- Guardian Cap
- Shoulder pads
- Game Jerseys
- Practice Jersey
- Orange Games Socks (provided prior to first game)
- Mouthguard (made available)

At the conclusion of each football season, our organization schedules an Equipment Hand-In event where the following items are ***required*** to be returned on that scheduled date/time:

- Helmet
- Guardian Cap
- Shoulder pads
- Game Jerseys
- Practice Jersey

Please note that failure to return these items or returning an item that has been altered in any way will result in our organization issuing you an invoice to pay for those respective items at the following price points and restricting your ability to register your athlete for the following season:

- |                   |       |
|-------------------|-------|
| ▪ Helmet          | \$300 |
| ▪ Guardian Cap    | \$125 |
| ▪ Shoulder pads   | \$125 |
| ▪ Game Jerseys    | \$100 |
| ▪ Practice Jersey | \$25  |

**I have read, understood, and agree to the Equipment Policy:**

**Parent/Guardian Name (Print):**

**Date:**

**Parent/Guardian Name (Signature):**

**Date:**

**Athlete Name (Print):**

**Date:**

**Athlete Name (Signature):**

**Date:**

***The OWYAA By-Laws and Pop-Warner Rule Book shall govern any and all items not covered within this Code of Conduct.***



## General Release & Liability Waiver for Guardian Cap / Loop Head Band (for 6U – Flag)

Player First Name (legal name) \_\_\_\_\_

Player Last Name (legal name) \_\_\_\_\_

Parent(s)/Guardian(s) \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Home Phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Gender \_\_\_ Male \_\_\_ Female

Date of Birth \_\_\_\_\_  
(MM/DD/YYYY)

Current Football Team \_\_\_\_\_  
(6U - Flag, 7U, 9U, 11U, or 13U)

Current Coach \_\_\_\_\_



## General Release & Liability Waiver for Guardian Cap / Loop Head Band (for 6U – Flag)

Water-Oak Pop Warner Football has made the investment, with the help of an extremely generous donation from Connect Physical Therapy to outfit every athlete with a Guardian Cap for our tackle football athletes and with a Loop Head Band for our 6U – Flag Football athletes.

For those unfamiliar with the Guardian Cap, it is a soft cover add-on that fits over a football helmet hard shell to cushion a hit and reduce the risk of concussion. The waffle-designed cover has density, stiffness, and energy-absorbing properties to reduce impact. It's a reusable piece of equipment that can be used for years if it fits well over the helmet.



The original Guardian Cap debuted in 2010. Since then, product changes have improved its safety and effectiveness, and it has continued to gain support. Today it is used by youth football programs, schools, colleges, and NFL teams. In 2020, the NFL began requiring some players to wear the Guardian Cap during any contact practices. In 2023, the requirements expanded from preseason practices to the entire season, with more player positions required to wear the caps.

Statistics show the added cushion of Guardian Caps reduces head injury in players from kids to pros. Youth athletes have an average of 33% reduction in concussion with the caps. Research has shows that the Guardian Caps reduce the occurrence and impact of concussions.

The Guardian/Xenith Loop Head Band is top-rated in safety and the most comfortable non-tackle headgear on the market, as well as having been rigorously lab and field tested.



**Player safety** is our **top priority**! The extra helmet padding of the Guardian Caps and Loop Head Band goes a long way towards reducing the force of impact and risk of injury during practices and thus is the reason that the Guardian Cap will be required during all Water-Oak Pop Warner Football practices. To be transparent, the Guardian Caps and Loop Head Bands don't prevent all concussions, but we know they will help significantly reduce the occurrence and severity of injury and that is enough to support their use during all practices.

In consideration of utilizing concussion headgear made available by the Water-Oak Pop Warner Football & Cheer organization while participating in Pop Warner football practices, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

- I understand that football is a physical and dangerous sport and there are inherent risks involved in playing football, including my participation in the Water-Oak Pop Warner Football & Cheer organization, which may include the risk of serious physical injury and death. In participating in Water-Oak Pop Warner Football, I fully assume all such risks associated with the sport, including, but not limited to engaging in intense physical activity and exertion, and the causation or aggravation of a physical injury or medical condition, which may be caused by getting tackled, being tackled, and other elements of the game of football.
- I agree to return the Guardian Cap in the same condition as it was issued by Water-Oak Pop Warner Football & Cheer organization. I understand and agree that I may be charged if the equipment is lost, stolen, damaged, or not returned to Water-Oak Pop Warner Football & Cheer organization immediately upon the conclusion of the season. Upon return, the equipment will be inspected for damages, etc. I agree that my signature attests that I have read, understand, and agree to the terms and conditions of this agreement.
- I hereby release, waive liability, discharge, hold harmless, indemnify, and covenant not to sue, the Water-Oak Pop Warner Football & Cheer organization, their associated Board of Directors, administrators, officers, managers, employees, coaches, trainers, volunteers, sponsors and advertisers, and other agents, estates or executors, from any and all liability incurred in the conduct of, and my participation in, their football programs while utilizing the Guardian Caps made available by Water-Oak Pop Warner Football & Cheer organization. I assume all risks and hazards associated with my participation in this sport while utilizing the Guardian Cap. Additionally, this release is for any and all liability for personal injuries and property losses or damage in connection with the possession or use of this specific equipment.
- I have completely read this document and fully understand its contents. I acknowledge that I have given up substantial rights by accepting this document and that I do so voluntarily. My signature attests to this on behalf of myself and my executors, personal representatives, administrators, heirs, next-of-kin, successors, and assigns.

As the parent and natural guardian or legal guardian of the participant, I hereby agree to the foregoing Waiver of Liability and Release for, and on behalf of, the participant (player/minor) named above. I hereby bind myself, the minor, and all other assigns to the terms of the Waiver of Liability and Release. I represent and certify that I have the legal capacity and the authority to act for, and on behalf of, the minor in the execution of this Waiver of Liability and Release.

\_\_\_\_\_

**Parent/Guardian Name (PRINT)    Parent/Guardian Signature    Date Signed**

***This document is required to be fully executed and turned in to a Board member from Water-Oak Pop Warner Football & Cheer prior to receiving a Guardian Cap / Loop.***